



MVN TIMES



PRIMARY NEWSLETTER

JULY - SEPTEMBER

2020

Dear Parents

The changing social, economic and geopolitical dimensions call upon us to reevaluate our perspective towards students' readiness for future.

In a rapidly evolving world what skills should we teach our learners? Will a skill taught today still be relevant tomorrow? How can we cope with the endless stream of information from a multitude of media outlets? These are just a few examples of what the children of today will have to face tomorrow.

In an environment in which we are inundated with information, one of the most precious resources is our attention. Therefore, helping 21st-century learners develop the ability to regulate and manage their attention is one of the most important things we can do.

Constant change leads to uncertainty and a sense of lacking control. Psychologically and physiologically, uncertainty and low control are highly stressful states. Therefore, developing stress management skills is crucial if today's learners are to become resilient individuals who are capable of recognizing and managing stress in constructive ways.

With the job world becoming more and more sophisticated, project-oriented and teamwork-dependent, but also more diverse, future success in both professional and personal life is increasingly dependent on social-emotional skills. Therefore, their value for learners is indisputable.

Our objective should be to assist children in becoming proficient in these skills, so that they will be capable of meeting the demands of a radically changing world. They will also have the tools they need to achieve fulfillment and gain a sense of meaning in their lives.

“Educational systems need to focus on fundamental, broad-based skills that will help learners navigate successfully in a dynamic and even chaotic environment.”

Regards

Ms. Tanu Khattar

Ms. Vandana Laul

Primary Coordinators

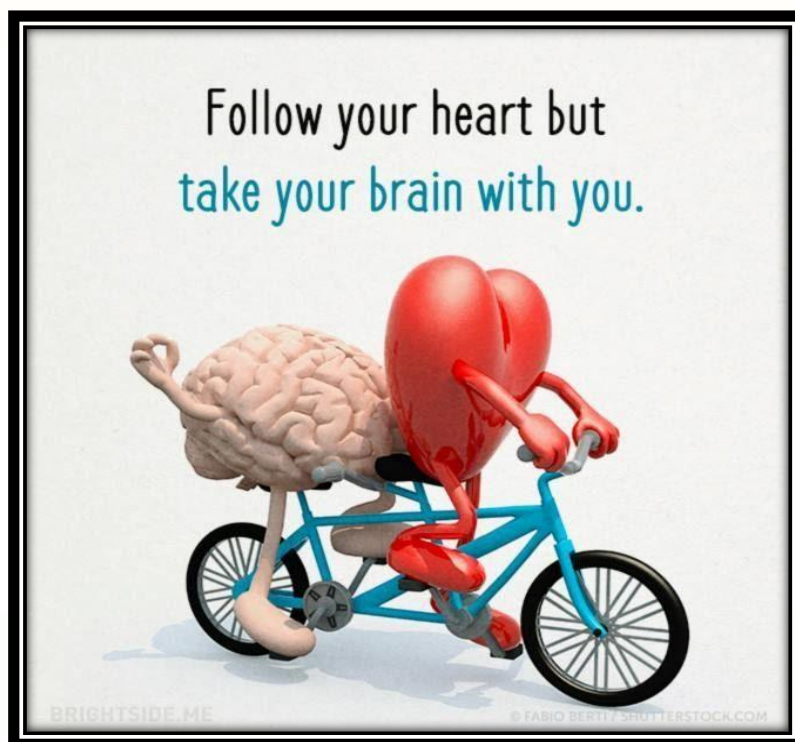
FROM THE COUNSELLOR'S DESK

Dear Parent

As we are going through these tough times, it is important to take care of our emotional health as well as our physical health. We can boost our emotional health by displaying emotional intelligence. Adapting and adjusting well to change is the indication of high levels of emotional intelligence. Follow these simple strategies to sharpen your emotional intelligence:

- 1) Throughout the day, we are on a roller coaster ride of emotions. As we all are spending more time with family members, it may happen sometimes that tempers flare and arguments are exchanged. As a result, you may feel upset, sad, angry, anxious, jealous, frustrated, or anything else. First step is to be aware of your emotions. If you know that you are angry or sad, then only you can manage it. So never say you are fine when you are not. Watch yourself closely and identify the situations when you get sad or angry or anxious, etc.**
- 2) Feel what you want, Control what you do: You can feel anything. All emotions are real. It is not healthy to suppress our emotions. One may feel anger or anxiety but learn what to do with the anger so that it should not harm anyone including yourself. Releasing your emotions in a healthy way is important. One simple way to release your emotions is to put them into words. Speak up your mind, calmly. Share your feelings with your parents, your siblings and your loved ones. When you convey your feelings to people around you, they understand you better and you feel better.**
- 3) If you cannot speak your emotions, you may release them on paper. So write down your emotions or draw them. This will instantly make you feel calm.**
- 4) Sometimes we have to wait for what we want and sometimes we don't ever get what we want. Coping well with setbacks, failures and disappointments and bouncing back makes you emotionally intelligent. When you get a setback, instead of reacting emotionally, try to answer the "why" of your setback. Think rationally and try to analyze your failure. This way you will be getting over failure and moving towards the next win. We usually react emotionally to failures and generate unnecessary pain.**

- 5) Emotionally intelligent students admit their mistakes and learn from them instead of arguing and justifying them.
- 6) One of the most important parts of being emotionally intelligent is to show understanding and concern for the emotions of people around. Showing empathy towards others leads to less fights, less scolding, less arguments in our emotional environment.
- 7) Become emotionally intelligent following these strategies and create a good life for yourself.



Stay blessed!
Archana Bapat
Counsellor, MVN

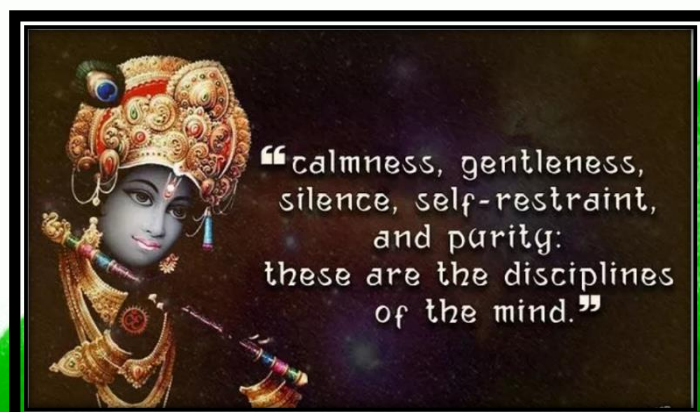


Class Assembly

JANMASHTAMI

Krishna, the master and guide of all times, teaches us all to celebrate every moment joyously. His life story continues to be a source of inspiration, solace and happiness to millions.

Like every year, the students of primary wing rejoiced Sri Krishna's birth celebrations through an assembly conducted by the students of Grade III Bluebells. The children presented News Headlines, Thought, Speech, Devotional Bhajan and Bhagvad Gita Shlokas. The Assembly ended with 'Krishna Leela' which depicted scenes from Lord Krishna's childhood and an invigorating dance that left everyone mesmerized. The virtual Assembly infused excitement and euphoria amongst the children.



74TH INDEPENDENCE DAY

"A Nation's Culture resides in the hearts and in the soul of its people"

The COVID-19 pandemic has brought India to a standstill but not her spirit. The students of Grade 4 Bluebells showcased a wonderful e-assembly on **INDEPENDENCE DAY**. A dance performance on 'MUSKURAYEGA INDIA' infused new hope and spirit in us. The splendid performances by the kids aroused the feelings of nationalism among all.



*We should salute the sacrifices made
by our freedom fighters and soldiers
who made the dream of independent
India a reality.*

Happy Independence Day!

INCREDIBLE INDIA

India is a myriad of landscapes, great heritage and culture, varied flora and fauna. One of the oldest civilisations in the world, India is a mosaic of multicultural experiences.

Grade III Camellia children presented an assembly on Incredible India. They took everyone on a tour to India's rich culture, its great inventions, graceful dance forms and dresses, languages, food and customs through a series of performances. Also they enlightened the audience how people in India peacefully coexist within so much diversity.



TEACHERS' DAY

**For all you give, for all you do
For working hard, for being you.
For being there Day in, day out
THANKS is what today's about!**

The birth anniversary of the eminent educationist Dr. Sarvepalli Radhakrishnan is celebrated on 5th September every year to honour the teacher fraternity for their immense contribution in our life, making us enlightened and empowered.

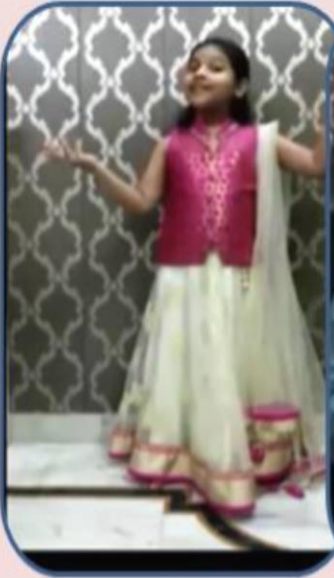
The students of Grade IV C presented an enthralling e-assembly to recognize, appreciate, laud and celebrate the noble legacy of teachers .They took delight in presenting fascinating series of performances and extending their gratitude for teachers' selfless service and dynamic support.

#Teachers from India #Our Teachers Our Heroes

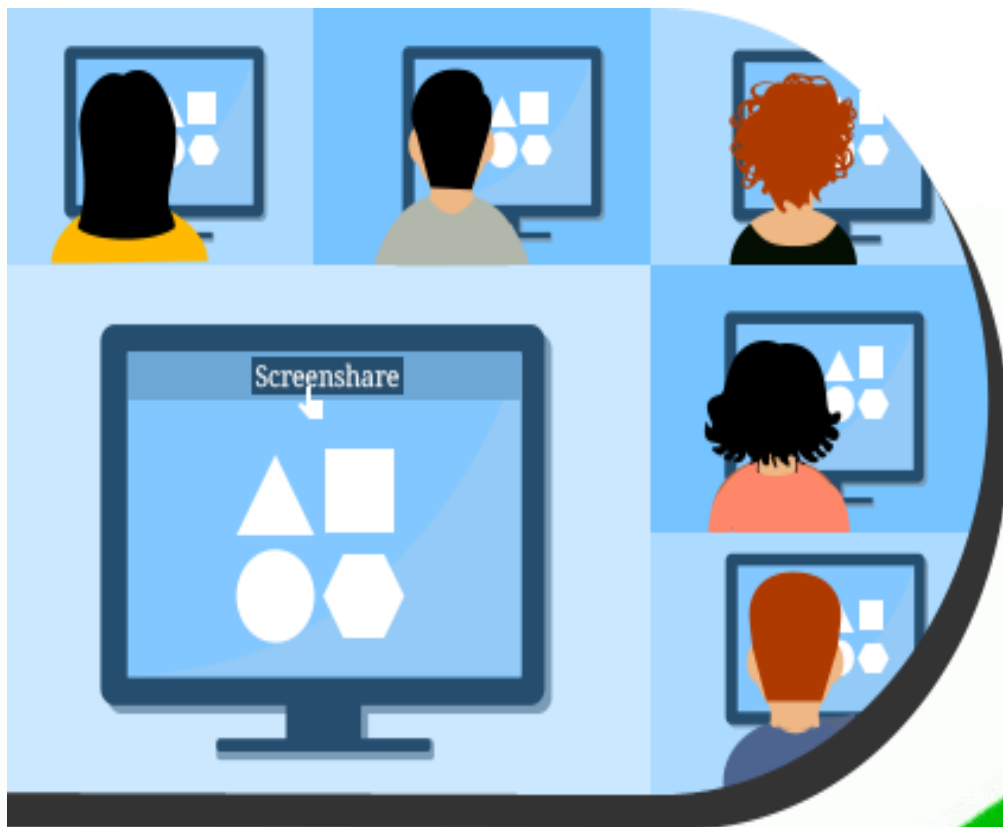


हिंदी दिवस

किसी भी देश की राजभाषा उस देश की पहचान और गौरव होती है और हिंदी हमारे देश की संस्कृति और संस्कारों का प्रतिबिंब है । भारत में विभिन्न भाषाएँ बोली जाती हैं , लेकिन सबसे ज़्यादा हिंदी भाषा बोली , लिखी व पढ़ी जाती है । हमारे देश में प्रतिवर्ष १४ सितंबर को हिंदी दिवस पूरे हर्ष और उल्लास के साथ मनाया जाता है क्योंकि हिंदी हम भारतवासियों की राजभाषा है । इसी हिंदी भाषा के प्रति सम्मान प्रकट करने हेतु कक्षा - तीसरी - 'अ' के विद्यार्थियों ने हिंदी दिवस पर आधारित प्रार्थना सभा में हिंदी साहित्य के विभिन्न कालखंडों का परिचय देते हुए विशेष प्रस्तुति दी ।



CLASS ACTIVITIES



Celebrating the Heroes

Let the Hero within you Shine...

Dear Parent

Celebrating achievers is a very powerful motivation for children as it reinforces the traits of optimism, positivity, perseverance and courage.

Celebrating the Heroes around us and admist us, Pre-Primary to Middle wing will embark on the discovery of that Hero within each of us.



Heroes are ordinary people who make themselves extraordinary.

First Week – “Introduction”



The students will learn about “Achievers” through a series of mini presentation by teachers. It will enrich the students’ mind with virtues such as honesty, diligence, responsibility and many more.

A Hero is an ordinary individual,

Second Week – “Recipe for Success”



Heroes are everywhere, we only need the eyes to see, the ears to hear, and the hearts to believe!
This week children will learn about essential personality traits which transform a common person into a Hero.

who finds the strength to persevere and endure,

Third Week – “Speak on”



Children will voice their opinions and share their views about a personality whose qualities they admire the most.

inspite of overwhelming obstacles.....

Fourth Week – “Let the ‘Hero’ within you Shine”

I Am a Super Hero!



You can be a hero too, stand up for what is right, do what you should and believe in yourself.
Through a poem / write up / pictures / dance or song sequence, children will share with their peers – “What makes them a Hero in their own eyes?”

“A true hero isn’t measured by the size of his strength, but by the strength of his heart”

CELEBRATING HEROES

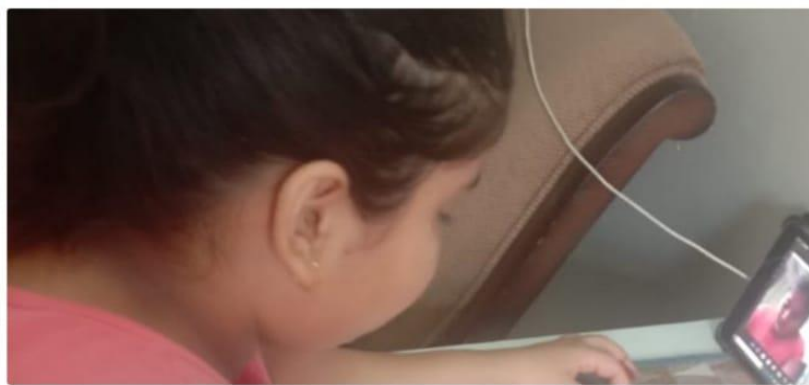
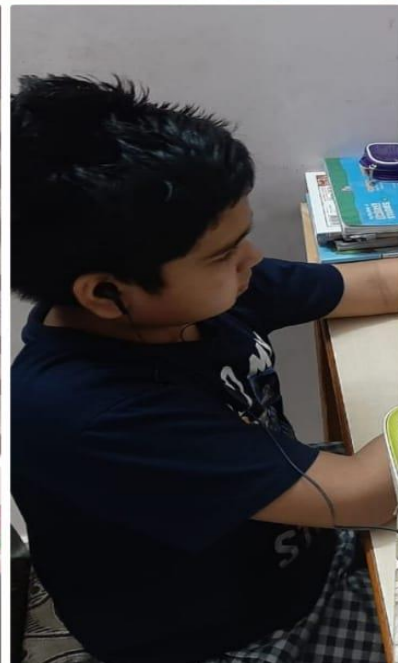
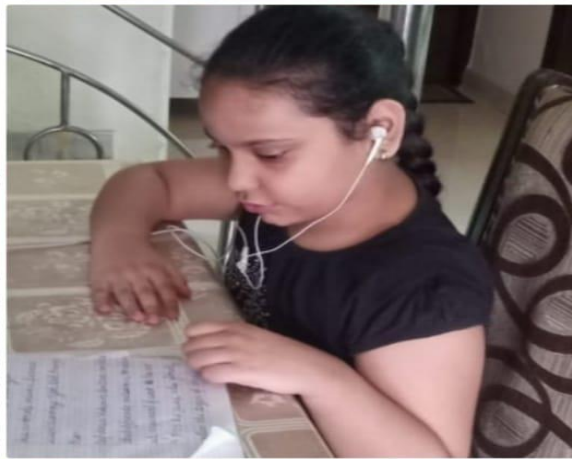
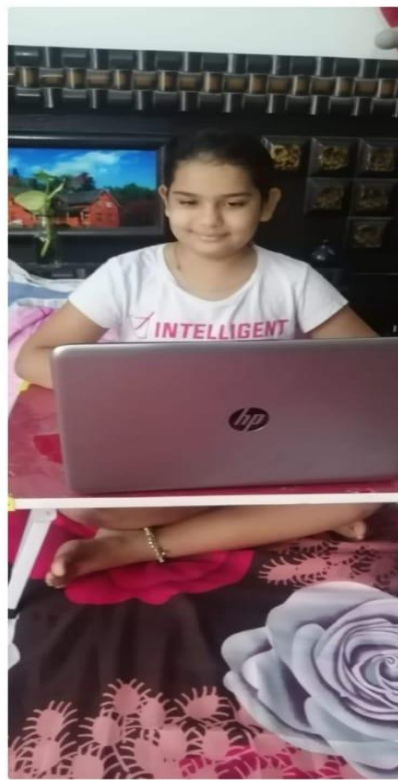
I AM THE MASTER OF MY FATE. I AM THE CAPTAIN OF MY SOUL.

A Hero is an ordinary individual who finds strength to persevere and endure in spite of overwhelming obstacles. Students of Pre-Primary to VII Graders had an opportunity to learn from the lives of great achievers like APJ Abdul Kalam, Helen Keller, Abraham Lincoln, Sundar Pichai through presentations shared by teachers across the entire week.

It propelled the students to determine that they all are the stars, protagonists and heroes of their own lives and inspired by these great lives they will remain undefeated when faced with any hurdle or stumbling block in their own lives.







हिंदी दिवस प्रतियोगिता

मैं हिन्दी हूँ, मैं हिन्दी हूँ, मैं सभ्यता की सन्धि हूँ, माँ भारती की बिंदी हूँ, मैं हिंदी हूँ।

विश्व में तीसरे नंबर पर सबसे अधिक बोली जाने वाली हिंदी भाषा, जो हर भारतवासी की पहचान है, जिसे देश की राजभाषा होने का गौरव प्राप्त है, उसके प्रचार- प्रसार को बढ़ावा देने और उसके प्रति प्रेम प्रकट करने के लिए, हिंदी दिवस को विशेष रूप से साहित्यिक उत्सव के रूप में मनाया जाता है ताकि हिंदी भाषा के प्रति छात्रों की रुचि बढ़े। इस वर्ष संस्थान के प्राइमरी विंग में हिंदी सप्ताह मनाया गया और विभिन्न साहित्यिक प्रतियोगिताओं का आयोजन किया गया। दोहा गायन प्रतियोगिता, स्वरचित कविता पाठ प्रतियोगिता, हास्य और भक्ति रस प्रधान कविता गायन प्रतियोगिताओं में सभी छात्रों ने बढ़ चढ़कर भाग लिया। ऑनलाइन के माध्यम से दी गई छात्रों की सभी प्रस्तुतियाँ अद्भुत थीं। हाव- भाव और गायन शैली का सुंदर रूप देखने को मिला। छात्रों का जोश देखने लायक था। छात्रों के सुंदर, ज्ञानवर्धक और रचनात्मक प्रयासों को सराहा गया।



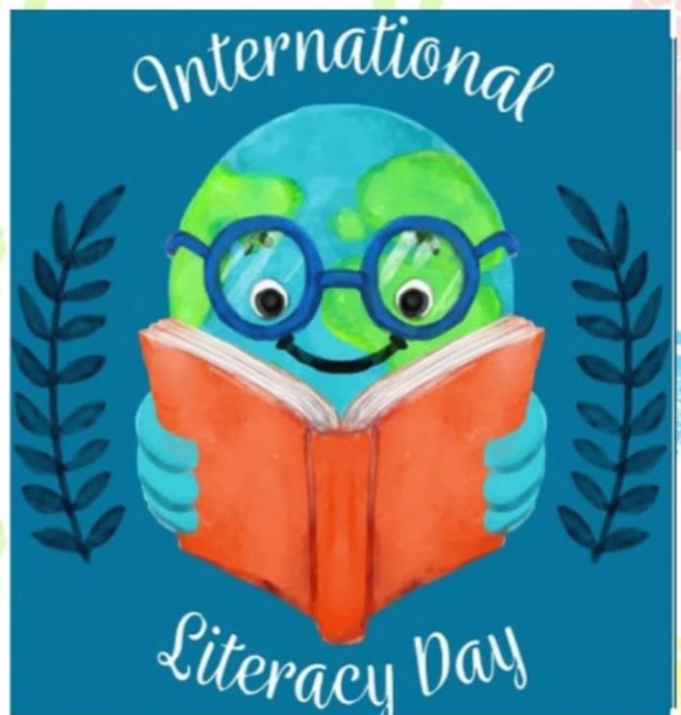
INTERNATIONAL LITERACY DAY

"A CHILD WHO READS WILL BE AN ADULT WHO THINKS".

Literacy is a fundamental human right for an individual's ability to learn. On September 8, students of Classes Nur-V celebrated **INTERNATIONAL LITERACY DAY** to highlight the importance of literacy.

Reading promotes literacy and is a simple way to keep students' minds stimulated and focused. It also helps in the development of skills like creative and analytical thinking.

Recognising the importance of reading and to mark the occasion of International Literacy Day, students participated in various activities organized by school like Story through puppets, Audio Story , Dress- up as your favourite Book Character, Speak-on (My Favourite Author), Self composed Short Story and Synopsis of your Favourite Book.





ACHIEVEMENTS

GOONJ-2020

Students of Modern Vidya Niketan, Sector-17 participated in Annual Inter School Fest – Goonj '20 - a virtual fiesta held at Grand Columbus International School. The students participated in all categories of the event, gave overwhelming responses and brought laurels to themselves and school.

RESULTS GOONJ'20

S.NO	EVENT	STUDENT NAME	CLASS	POSITION
1.	DICTION (ESSAY WRITING COMPETITION)	KASHAA SWAMI	XII	FIRST
2.	CONQUER THE MIC (ONLINE LIVE SINGING COMPETITION)	CHARVI CHAWLA	XII	FIRST
3.	CHEF DE INDIAN CUISINE	ANIKA GARG	V	THIRD
4.	WEAVE A RHYME (POETRY WRITING COMPETITION)	AMEESHA GOEL	VIII	THIRD
5.	BE INGENIOUS (MEME DESIGN COMPETITION)	ADITYA JAIN	VIII	THIRD
6.	TO BE OR NOT TO BE! (DRAMATIC MONOLOGUE COMPETITION)	DIYA SHER	XI	THIRD



ANIKA GARG

Winner of

CHEF DE INDIAN CUISINE

RANGMANCH

MVNites showcased their talent once again by participating in the Inter School Competition 'RANGMANCH' organized by The Modern School, Faridabad. Yashasvi Chaudhary of Class V won the Jury award for Mono acting. Chayanika Singh and Janvi Ramesh Shetty of Class IX took part in the Solo Act of Soliloquy and also bagged the Jury Award for their wonderful performance.

S.NO	EVENT	STUDENT NAME	CLASS	POSITION
1.	MONOACTING	YASHASVI CHAUDHARY	V	JURY AWARD
2.	SOLILOQUY (SOLO ACT)	JANVI RAMESH SHETTY	IX	JURY AWARD
		CHAYANIKA SINGH		



YASHASVI CHAUDHARY

Winner of
MONOACTING

KISHORE VAIGYANIK PROTSAHAN YOJNA

PRODIGIOUS FEAT OF MVNITES IN KISHORE VAIGYANIK PROTSAHAN YOJANA,
KVPY -2020

METEORIC RISE IN KVPY



ANSHIT BUDHIRAJA
XII

A
I
R
172



RISHIT SINGLA
XI

A
I
R
184



SHREYAS MEHTA
XI



LAVANYA MISHRA
XI



PRIYANSH AGGARWAL
XI



HARSHIT GUPTA
XI



GAURAV BANSAL
XI



ARYAMAN GUPTA
XI



AYANESH DUTTA
XI



DEVANSHI JAIN
XI



ADIT JAIN
XII



KARMANJYOT SINGH
XII



DHRUV SINGH
XII



SALONI PRIYADARSHINI
XII



SAMPAN MANNA
XII



ETIKSHA JAIN
XII



JYOTIRMAY MITRA
XII



YASH MALIK
XII

CBSE-IBM AI (ARTIFICIAL INTELLIGENCE) ENABLED SEWA PROGRAMME-ALL INDIA FINALS

MVN SCHOOL, SECTOR-17

In the Final Stage, out of the selected 100 schools, 16 projects from 14 schools made it to the prestigious final round. Students of MVN School, Sector-17 made their presence felt as 2 of our PROJECTS qualified for the All India Finals 2019-20.

One of the Projects of MVN School “Smart Glasses For Visually Impaired” got selected in the top 15 teams and will get an opportunity to participate in the IBM EdTech Youth Challenge and also have become eligible for Internship with IBM in November-December 2020.

SMART GLASSES FOR VISUALLY IMPAIRED



**AMYA
SINGHAL**



**TRIAMB
TALWAL**



**YASHASVI
DHARRA**



**DEEKSHANT
BANSAL**

AUTONOMOUS WASTE SORTING MACHINE



**KRISHNA
GUPTA**

IIT JEE (MAIN) EXAM -2020

PHENOMENAL FEAT ACHIEVED BY MVNITES IN IIT JEE (MAIN) EXAM -2020

Keeping up the tradition of excellence, MVNites have yet again given stupendous results in IIT-JEE (MAIN) 2020. Out of 231 students 132 have qualified for JEE Advanced. Etiksha Jain, the school topper, achieved the humongous feat with AIR 400.



Modern Vidya Niketan, Sec-17

PHENOMENAL FEAT ACHIEVED BY MVNites IN IITJEE (MAIN) EXAM – 2020

TOTAL QUALIFIED : **132/231** FOR IIT-JEE Advanced : 2020

SCHOOL SUCCESS RATE 57.14%

TOP RANKERS



ETIKSHA JAIN
AIR-400



SAMPAN MANNA
AIR - 802



KARMANJYOT SINGH
AIR - 805



DHRUV SINGH
AIR - 1211



AVISHI TANEJA
AIR - 1222



ADIT JAIN
AIR - 1339



DIBYAM KUMAR
AIR - 1870



SHUBHAM KUMAR
AIR-69* (13004)



ANKUSH PATANWAL
AIR-95* (7195)



SOURAV ANAND
AIR-113* (8185)



NAVNEET SINGH
AIR-325* (2069)



SHABNAM KHAN
AIR-1490* (8056)



Congratulations!

TECHNOTHLON - 2020

(Organised by IIT Guwahati)

AIR 9 - Technothon Prelims



NAMAN GOYAL
Class - X

Selected for Final Round - Technothon Mains

**Self-belief and hard work will
always earn you success.**

Virat Kohli

NATIONAL STANDARD EXAMINATION IN JUNIOR SCIENCE (NSEJS) 2019

Organised by Indian Association of Physics Teachers (IAPT)

STAR ACHIEVERS

2 Students Selected for National Top 1%



NAMAN GOYAL
IX



AYUSH SHARMA
X



Believing in
yourself is
the first
secret of
success.

MAKING INVISIBLE VISIBLE

Limitation is a state of mind. We often feel sympathy towards children with special needs but it is high time that we become empathetic toward them. We recognize the potential in each one of our students and believe that every student can learn with the help of a tailored approach and guidance. We use the child centric approach when we teach them, where the child is not a passive listener but an active participant. We make Individual Educational Plan to assess the progress of each special need student, covering all the aspects such as educational and behavioural. Parent and general classroom teacher also take part in the formation of this plan. It helps to document the progress of child periodically. Once they start to show improvement, the additional assistance like prompting, cueing is reduced. One should not perceive special need students as children with disabilities rather as children with different abilities.

“It’s time we take our focus off disabilities, and place it on capabilities, so we can see the person first.”

Robert M. Hensel

Madhu Sharma

Special Educator

CLUB ACTIVITIES

Creativity is a natural extension of our enthusiasm, It involves breaking out of established patterns in order to look at things in a different way.

MVN Online Activity Clubs aim at harnessing and exploring the talent of the students and also focus on the all-round development of the students. Different clubs like Fitness, Derek O' Brien, Bhaskara, Tansen, M.F Hussain, Uday Shankar, Wellness, R.K Narayan and Einstein club enable their members to learn valuable skills. Many of the activities in the clubs help the students to extend and elaborate on the more formal education. The students recognize their interests and explore new avenues of thinking and collaborate in a relaxed environment.

EINSTEIN CLUB

The students of Einstein Club Grade 5, learnt the properties of Air and Water by performing various activities like AIR EXERTS PRESSURE and SURFACE TENSION OF WATER.

They also made lovely LAVA LAMPS. This proves that experiential learning cements the concepts of the learning into long-term memory.

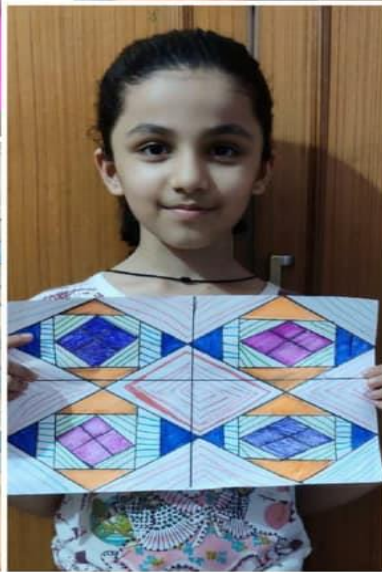




BHASKARA CLUB

"Mathematics is the language with which God has written the universe."-Galileo Galilei

Mathematics is considered as the cradle of all creations. Mathematics is all around us, in everything we do. The students of Bhaskara Club explored about 'Tessellations' and 'Tangrams' by way of an activity wherein they created masterpieces using different beautiful patterns with a challenge of solving puzzles. It instilled analytical and critical thinking and problem solving attitude in the students.



DEREK O' BRIEN CLUB

"Education is a passport to the future for tomorrow belongs to those who prepare for it today"

General knowledge is something that really helps us to grow both on personal as well as academic level. It narrows our sense of perceiving the world, understands, and analyzes the situations.

MVN Derek O'Brien club aims at making the students better version of themselves. Debates, Quizzes, Poster making, Brain teasers, Mind games and General knowledge enhancing topics like Union cabinet Ministers and their portfolios, Chief ministers of different states of India, UNESCO World Heritage sites in India etc. are the various activities conducted in the club which has enabled the kids to increase and push their intellectual boundaries.



R.K NARAYAN CLUB

The art of writing is the art of discovering what you believe. Putting down on paper what you are thinking allows us to create a new line of thought and hence gain new perspective. The R K Narayan club was launched with the objective of developing and honing the writing skills of the children and help them embark on a journey of self-exploration. While activities like extempore and declamation are enhancing their self-confidence and public speaking skills, comic strip writing and poster making activities help them to explore new avenues of expression. The latent talent of the children is coming to fore through this club as it promises to take them on an exciting journey of self-exploration and discovery through the art of writing.



TANSEN CLUB

“Music gives a soul to the universe, wings to the mind, flight to the imagination and life to everything.”

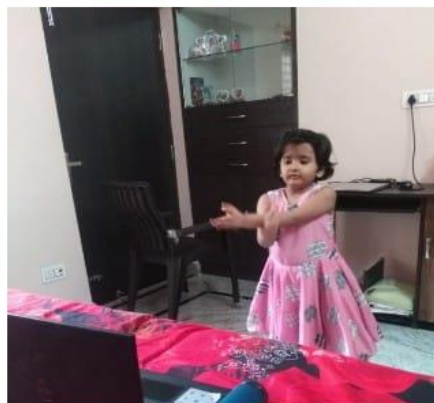
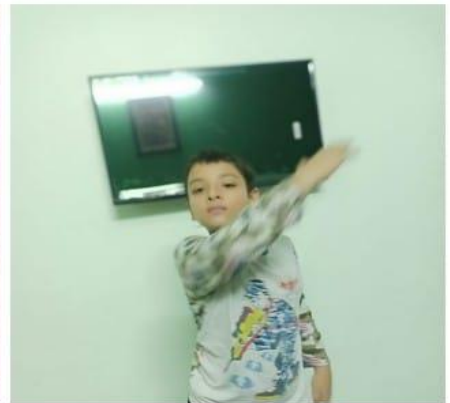
Indeed, Music is the language of the soul. Tansen club offers the students an amazing opportunity to dive into the world of rhythm and melody. Learning music nurtures the students in the several ways. Not only it is a stress reliever but it also helps in improving fine motor skills and creates the foundation of discipline.



UDAY SHANKAR CLUB

Dance is a holistic activity that aligns the mind, body and the soul. This therapeutic approach is a great way to release energy, shed inhibitions and let your emotions out. It is an interactive and fun way that helps one explore and improve multiple areas like fitness and confidence levels, focus and concentration, positive thinking, discipline, posture and body language.

Besides learning to express, being a part of Uday Shankara Dance Club, the students of primary wing are also developing physical, emotional, social and intellectual attributes as growing children.



M. F HUSSAIN CLUB

Junior MVNites learnt to value and appreciate Art and Craft across culture and times through their experience in drawing, painting and craft work in M. F Hussain club. By indulging themselves in such creative endeavours they learnt to act and think like artists. It helps them to discover and shape their passion and talent and also boosts their ability to express and empathize.



FITNESS & WELLNESS CLUB

It is truly said, "A healthy mind lives in a healthy body".

Exercise, like food, is a fundamental part of a child's physical growth. Children derive enormous benefits from Yoga and Fitness exercises. Physically, it enhances their flexibility, strength, coordination, and body awareness. In addition, it also improves concentration, sense of calmness and relaxes.

Striving to bring all round development of the students, MVN Fitness and Wellness club focusses on imparting interesting Aerobics moves and Yogasanas to children to keep themselves physically and mentally fit.



SUCCESS IS
THE SUM OF
SMALL
EFFORTS,
REPEATED DAY
IN AND DAY
OUT.

Robert Collier