

MVN TIMES

PRIMARY NEWSLETTER

APRIL – JUNE

2020

FROM THE PRINCIPAL'S DESK

The adroit and the tough come together to get going when a veritable melting pot of people finds the going tough. " we are all caught in the worst pandemic, witnessed in a century, hoping to come out of this outbreak with flying colours. For the last 4 months, we've been trying to adjust to covid, seeking to find ways to keep ourselves well fortified, cheerfully occupied ,soothing our frayed nerves with an undeterred spirit to create support system for the elderly, needy, the poor with provision of essentials and health care needs. We at MVN are disseminating education through student friendly virtual classrooms. In such testing times our children's good mental health is of utmost importance. Let us keep them involved through online lessons on painting, music, dance, fitness, yoga and meditation.

In these testing times, we miss smiles behind the masks. As we adjust to this "new normal", Let's adapt and adopt novel methods to wait out this challenging period. Teach the children to stay united, stay home and learn unity in adversity. As our PM urged let's turn the crisis into opportunities. This nationwide lock down has abruptly disrupted campus academic activities. Now can we see the luminous side of this!!! Resultantly, many learning apps, have been launched. Positive traits of compassion, fellow feeling, have come to the fore in the shape of volunteers who pitched in as beacons of light. Advanced technology has reduced the anxiety of physical distancing. In fact, we need not feel isolated at all. Even in social distancing and physical isolation, technology has blessed us with effective connection.

This unprecedented time calls for solitude for, much needed self awareness, self connection and self knowledge. For the country men, it's time to revive our economy. There are no quick fixes. We, are all in the same boat, all worried about safety and future. So let not your focus dissipate from health challenges. Undoubtedly, life's best lessons are learnt during tough times. My heart swells with pride and hope as I read about young children breaking their piggy banks to aply balms to heal the suffering souls. Such philanthropy and sensitivity to others only cements our belief that tomorrow's society is in safe hands.

I urge, pray more often, laugh more often and louder, extend a helping hand to the needy. Make your 20-20 journey eventful, purposeful and lively.

The silent classrooms, the vacant playgrounds and empty corridors are all awaiting to come to life once again.

And yes

All teachers and I miss the school noise. I eagerly await to hear you laugh, argue and indulge in friendly banter.

Till then

Stay safe

Stay healthy

God bless you All

Dear Parents

The coronavirus disease (COVID-19) pandemic has upended family life around the world. Online School, working remote, physical distancing — it's a lot to navigate for anyone, especially for our younger ones who are used to the structured routine and safe haven of their energetic and enthusiastic teachers and school ambience .

Across the world children are affected by the new normal of online school, social distancing and health and hygiene practises. To ensure that the children remain optimistic , teachers have mastered the ways of online teaching and handled students' anxiety and fear by channelising it into creative pursuits .

With the beginning of the session we introduced children to creative content that kept them entertained and provide a much-needed escape into the fun and magical worlds of imagination through several activities on Mothers day, Yoga , Book week, Health week and Competitions.

The children's overwhelming response and creative images warmed up our hearts to see our efforts being reciprocated with matching excitement and enthusiasm. Who knew we would ace online learning like Pros and emerge with new and better learning skills . An expert team of dedicated teachers , technical experts , counsellors resolved the issues of students 24*7 for a secure and seamless experience .

We thank the parents for interacting constructively with the children during this time of confinement. It is imperative that we encourage them to stay positive, create a daily routine , encourage good behaviour, pursue new hobbies like reading, gardening, painting, origami etc and most importantly have a dialogue with our young ones .

“Happiness can be found even in the darkest of times, if only one remembers to turn on the light.”

Regards

Ms. Tanu Khattar

Ms. Vandana Laul

Primary Coordinators

Talking about COVID-19

Be willing to talk.

They will already have heard something. Silence and secrets do not protect our children. Honesty and openness do. Think about how much they will understand. You know them best.



Praise your child when they are behaving well

Try praising your child or teenager for something they have done well. They may not show it, but you'll see them doing that good thing again. It will also reassure them that you notice and care.



Set aside time to spend with each child

It can be for just 20 minutes, or longer – it's up to us. It can be at the same time each day so children or teenagers can look forward to it.



TEACHER'S CORNER

Technology is one of the principle driving forces of the future ; it is transforming our lives and shaping a new world order . Ever since the COVID -19 outbreak, technology has ensured that deliverables are not impacted. Remote working is one of the blessings that has taught us to socially connect in the times of social distancing. Technological innovations have helped to manage the epidemic and equipped us to fight future emergencies in a timely systematic and calm manner at both individual and collective level.

Indeed, technology has advanced more and will continue to advance exponentially, but the human institutions and societies need to accelerate in adapting to it. Educational institutions have always strived to develop new skills in the students while continuing with the normal course at ther individual class level. Online education has widened the window of upskilling their potential. Adapting to an online learning environment will make students familiar with the future of work and required competencies. Online learning, which came as a panacea for the crisis, is now being increasingly viewed as a new paradigm in education. Major world changing events are often an inflection point for rapid innovation such as the rise of e-commerce post SARS. While it may be too early to predict, it is very likely that e-learning is going to majorly impact education and herald the arrival of a new normal.

As parents and educators, we need to remain positive and help the children if necessary to start a learning process and gradually release the responsibility to them. Let us focus on setting up a sustainable routine that can accommodate the child's as well as the parents needs. Routines are helpful in getting into a positive headspace for learning. Let us turn these challenges into opportunities and create a new, better and beautiful world for our children.

Aamita Saini

PRT English

FROM THE COUNSELLOR'S DESK

As the new academic session started in April this year under unprecedented circumstances, the school counsellor, Ms Archana Bapat visited all primary classes in the first week to help our students get emotionally adjusted to the new way of learning online.

HAPPY LEARNING - A NEW WAY!

Through a small activity, young learners were made aware about things under our control and things not in our control. Health, safety and becoming flexible to learn new ways were discussed. All their queries and doubts were answered in a friendly way. Some creative activities were suggested to keep them engaged positively at home during this time.

I CARE FOR EYE CARE

The school counsellor visited classes again in the month of May to help students cope with online learning in a healthier way. As with increased screen time during lockdown, strain on eyes could be a possibility and so simple eye exercises were taught to students by the counselor along with some simple diet suggestions. Students participated enthusiastically in all exercises.

In all classes, the counselor offered her helping hand to all students and shared her contact details for students to call her if they need help in coping with anxiety, managing their study and entertainment time or simply feeling more positive during these unprecedented times.

Archana Bapat

Counsellor, MVN

INCLUSION IN ITS ESSENCE

It shouldn't matter how slowly some children learn as long as we are encouraging them not to stop.

-Robert John Meehan

“Impossible!” Impossible says I am possible. Every challenge enables us to convert it into an opportunity. The same thing our school is doing during the pandemic. Modern Vidhya Niketan always strives hard to provide quality education to its all students. Students with special needs are no exception to this. In the digital era we provide equal attention to our students with special needs and provide a digital platform of learning at their fingertips. Along with regular classes they also attend special classes with special educator. These classes are enriched with knowledge and emphasize experiential learning. We develop a tailor made curriculum in order to ensure lasting comprehension with the blending of need based adaptation and modification. In these classes they get an opportunity to revise all the subjects which eventually assist them to retain it for a longer time. Keeping in mind the fact that they get distracted easily we teach them lots of brain gym exercises which lead to sharpening their memory. Our endeavours do not end here as we push them to think independently and try to generalize their knowledge and promote the transfer of learning in day to day life as well. Our motto is to make them a productive member of society.

Madhu Sharma

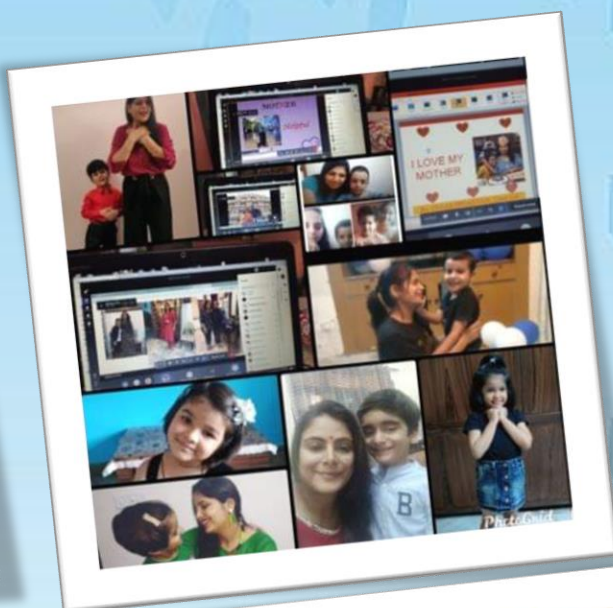
Special Educator, MVN




MOTHER'S DAY

Students of MVN School, Sector-17 celebrated Mother's Day by participating in several online activities in All About Mom's Session.

**MY MOTHER, MY FRIEND SO DEAR
THROUGHOUT MY LIFE YOU'RE ALWAYS NEAR.
A TENDER SMILE TO GUIDE MY WAY
YOU'RE THE SUNSHINE TO LIGHT MY DAY.**





Of all the Special joys in life,
The big ones and the small,
A mother's love and tenderness
Is the greatest of them all.
Always so good, selfless and kind
None on this earth her equal we'll find..

A mother is an ordinary woman but in her demure appearance lies an extraordinary fortitude, perseverance, an altruistic soul and a very kind heart. She deserves accolades and applause everyday for her selflessness, sacrifice and love.

Mother's Day is celebrated on 2nd Sunday of May all across the world to express our gratitude towards the most compassionate and selfless creation of God.

To acknowledge the essence of this very day, our students have been participating in a myriad of fun-filled activities throughout the week culminating in a special session, "ALL ABOUT MOMS" on 8th of May, 2020 i.e. Friday wherein the children will participated in "MY IDOL - MY MOTHER" -
DECLAMATION

*There is no velvet as soft as Mother's lap,
no rose as lovely as her smile,
no path so flowery as that imprinted with her footsteps.*

E-BOOK WEEK

'Reading is essential for those who wish to rise above the ordinary'

'Read to Connect -Connect to Read 'an Online Book Week was organised from 18th May,2020 to 22nd May,2020 for Primary wing in an effort to sensitise its students and emphasize on the significance of books in our lives and urged the students to inculcate the healthy habit of reading books .

Throughout the week , students engaged in various novel and creative activities such as Roll out the Carpet ,Get Artsy ,Expressions,Twist 'o'Tale ,Friday Fun dedicated to instilling a lifelong love of reading in children.

MVNites were apprised of the fact that every genre of book is important and, if we allow them, books can open up worlds to each and every one of us. It was a funfilled week for all of us.





"E-Book Week"

READ TO CONNECT,
CONNECT TO READ
LET'S EXPLORE IT ONLINE ...
18th May, 2020 - 22nd May, 2020



"Reading is essential for those who wish to seek to rise above the ordinary."

Dear Parent

Many of us have special memories of the books that have inspired and changed us for the better. Books not only transport us to new worlds but can also take us back to the important moments in our lives. With these thoughts, we at MVN School, Sector - 17, Faridabad are organising an E-Book Week for the children of the Primary Wing.

Throughout the week, children will engage in novel and creative activities as they dive through the sea of knowledge to be found in books.

They will Read, Learn, Dream and Share...



Today a reader, Tomorrow a leader.....

TIME LINE OF ACTIVITIES

DAY 1
ROLL OUT THE CARPET

DAY 2
GET ARTSY

DAY 3
EXPRESSIONS

DAY 4
TWIST 'O' TALE

DAY 5
FUNDAY FRIDAY

DAY 1 **ROLL OUT THE CARPET**



Children will tread on the magical carpet of tales to discover the nuances of story telling by the teachers.

Grade 1 – Up in the Air

Grade 2 – The Hike

Grade 3 – Maya fights for a cause

Grade 4 – Pirate’s Cove

Grade 5 – Chipko takes root

The children will receive pdf of the story for detailed reading, followed by a short fun activity on Friday to assess their reading skills.

DAY 2 **GET ARTSY**

Nimble fingers will play with paper and give shape to their imagination.

Grade 1 - Design a Book Mark that befits the book they are reading.

Grade 2 - Craft a Hand Puppet of one of the characters of their book.

Grade 3 - Create a Face Mask of any character of their choice from the book.

Grade 4 - Design a Book Cover for the book.




Grade 5 - Create and illustrate their own mini books.



DAY 3 **EXPRESSIONS**



Children (Grade 1-5) will voice their opinions and share their views on one of the categories below (40-60 Seconds):

-  Favourite Book
-  Favourite Author
-  Favourite Character.



DAY 4 TWIST 'O' TALE

- Grade 1* - Children will unravel the tale by sequencing the events in the correct order.
- Grade 2* - The avid reader will replace the pictures with words to complete the story.
- Grade 3* - The little proof readers will sequence the story and write 6-8 sentences on it.
- Grade 4&5* - The budding authors will write their favourite story and introduce a twist in it. Thereafter, they will share this with their classmates. (100 – 120 Words)

DAY 5 FUNDAY FRIDAY

The week long celebrations will culminate with some fun and frolic.

- Grade 1* - Spell Bee to explore words, sounds and patterns.
- Grade 2* - Role Play to spark creative thinking.
- Grade 3* - Rapid Fire Crossword Puzzle to activate the story line.
- Grade 4* - Teams Questionnaire to assess the wisdom of the children.
- Grade 5* - Quiz Session on Environment to test the knowledge of the children.



***YOU CAN FIND MAGIC WHEREVER YOU LOOK.
SIT BACK & RELAX, ALL YOU NEED IS A BOOK.***



- Dr. Seuss

SAFETY WEEK

"The safety of children is not only limited to the school building but rather in the entire community where children are present." Child Safety Week was celebrated by the kindergarteners from 18th May to 22nd May wherein a series of activities were planned to get children engaged and spark behavioural change by different innovative modes. They were also taught about Safe Circle and shown a presentation that explained the students how to differentiate between good touch and bad touch.



MODERN VIDYA NIKETAN KINDERGARTEN
SECTOR-17, FARIDABAD



"Every child deserves to grow up in a safe community surrounded by a loving family and to have a future filled with opportunity and hope"

Dear Parent

Children are our most important resource and ensuring that they are safe and secure is our utmost concern. The safety of children is not only limited to the school building, but rather in the entire community where children are present. We, at MVN believe in building a culture of safety with awareness and vigilance along with sensitivity of current issues involved by sensitizing children towards the importance of safety.

We are pleased to present "Safety Week" {S:Stay A:Alert F:For E:Every T:Task Y:You do} from 18th of May'20 to 22nd of May'20.

A series of activities are planned for the week to get the children engaged and spark behavioural change by different innovative modes.

Safety Week Plan- Pre Primary Wing

| | | | | |
|--|---|--|--|--|
| <p>Day-1 "S"</p> <p>Sensitizing Kids - Safety comes first (Presentation)</p>  | <p>Day-2 "A"</p> <p>Abiding love for Story - Behind every smile there is a story (Story Session)</p>  | <p>Day-3 "E"</p> <p>Fun filled day- Let's be safe by being creative (Art & Craft activity)</p>  | <p>Day-4 "E"</p> <p>Educating about Good touch & Bad Touch (Special session)</p>  | <p>Day-5 "T & Y"</p> <p>Tell others You are Safe - " I am Corona Safe because..... (Speak on activity)</p>  |
|--|---|--|--|--|

We hope that it will enable us to work together to make school and home a safe place where children can learn and grow and become responsible citizens of tomorrow.

Stay Safe and Stay Healthy !

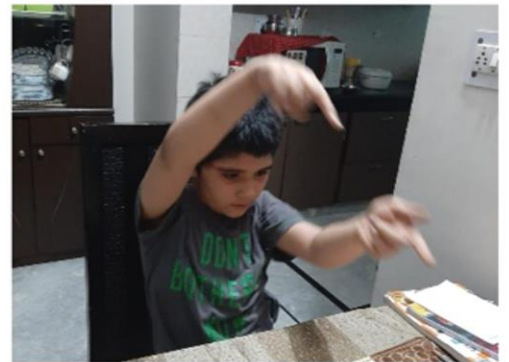
HEALTH WEEK

Train your mind as hard you are training your body

True health infuses positive energy in the mind ,body and spirit – with this in mind, MVN celebrated HEALTH WEEK. A series of activities were planned out to foster positivity among children and keep the mind and body strong.

CHAKSHU SHAKTI session enabled the students to do eyes exercises effectively .

"MIND EXERCISES" - An activity conducted as a part of our Health Week : "Be Healthy Be Safe," to aid our young minds in improving their level of concentration and provide them with ways to focus on daily task easily and quickly.



YOGA AT HOME, YOGA WITH FAMILY

Yoga is a holistic approach that targets all the different systems of the body and mind. The different asanas make the body strong and flexible, boosts immunity and cures respiratory disorders and the mind too is renewed with confidence.

The Ministry of Ayush started a campaign called 'Yoga at Home, Yoga with Family', to encourage the practice of Yoga with family members to counter the effects of the viral infection, while practising all precautionary measures to slow down the spread of COVID-19. To observe the International Day of Yoga on 21st June 2020, the Ministry organized a trainer led Yoga session which was broadcasted on television at 7 AM on 21st June 2020 for people to follow and practice in solidarity.

Our Enthusiastic Students, their Parents & GrandParents together participated in this event and brought the very essence of the spiritual practice at home .





**Special
Achievements**

ONLINE DISTRICT LEVEL COMPETITION

BY

DCCW, BAL BHAWAN, FARIDABAD



WINNERS ALL THE WAY!!



**DISTRICT LEVEL ONLINE COMPETITION
ORGANISED BY DCCW, BAL BHAWAN, FARIDABAD**

| <u>EVENT</u> | <u>NAME</u> | <u>CLASS</u> | <u>POSITION</u> |
|-----------------------------------|--------------------|---------------------|------------------------|
| STORY TELLING | ANIKA GARG | V | FIRST |
| DANCE COMPETITION (CLASSICAL) | SEJAL GARG | VI | FIRST |
| DANCE COMPETITION (FOLK) | SHREYA CHAUHAN | VII | FIRST |
| ESSAY WRITING | AMEESHA GOEL | VIII | FIRST |
| PAPER CRAFT BY WASTE NEWSPAPER | ARSHIA WADERA | VII | SECOND |
| PAPER CRAFT BY WASTE NEWSPAPER | VEDANSHI BANSAL | IV | THIRD |
| PAPER CRAFT BY WASTE NEWSPAPER | SONAYA VERMA | IV | CONSOLATION |

CONGRATULATIONS!!

WINNERS OF DANCE COMPETITION

Sejal Garg of Class VI (Age group 6 -10 years) and Shreya Chauhan of Class VII (Age group 11-14 years) bagged the FIRST POSITION in District Level Online Dance Competition , organized by Bal Bhavan on 9th May 2020.

Congratulations !! to the Students and Parents.



WINNER OF STORY TELLING COMPETITION

Story Telling is an art of narrating or unfolding the narratives of a story. It has been a part of our culture and tradition from centuries. To acknowledge and showcase our love for stories, an online District level Story Telling Competition was organized by DCCW, Faridabad on May 11, 2020 at Bal Bhawan, Faridabad.

ANIKA GARG, a student of Grade V of Modern Vidya Niketan School, Sector 17 bagged the FIRST POSITION by narrating a compelling coherent story on "Honesty is the Best Policy" containing well-organized features, characters and climax .



WINNER OF ESSAY WRITING COMPETITION

Novelist Stephen King put it beautifully when he said, "I write to find out what I think".

Writing is a window to our thought process. To substantiate this, an Online District Level Essay Writing Competition was organised by DCCW, Faridabad on May 10, 2020 at Bal Bhawan, Faridabad.

AMEESHA GOEL of Class 8- B , an avid reader and writer bagged the FIRST POSITION in Essay Writing on the topic "My Aim Of Life".

Heartiest Congratulations!! to the Parents & Student.



WINNERS OF PAPER CRAFT BY WASTE NEWSPAPER

MVNites add another feather to their cap by bagging multiple positions in Paper Craft by Waste Newspaper Category in the Online District Level Competition organised by DCCW, Bal Bhawan, Faridabad.

ARSHIA WADERA (Class-VII) bagged the SECOND POSITION, VEDANSHI BANSAL (Class-IV) THIRD POSITION and SONAYA VERMA (Class-IV) got CONSOLATION PRIZE by showcasing their Creativity



COMMENDABLE ACHIEVEMENTS BY MVNITES IN THE CBSE XII BOARD EXAM : 2019-20



Modern Vidya Niketan Sr. Sec. School, Sec-17

STELLAR ACCOMPLISHMENT BY MVNITES IN THE CBSE XII BOARD EXAM : 2019-20

SHINING STARS OF MVN

SPECIAL HIGHLIGHTS

NON - MEDICAL TOPPERS



HARSH GUPTA
AGG. 98.4 %



AVISHI TANEJA
AGG. 98%



DIBYAM KUMAR
AGG. 97.8%

COMMERCE TOPPERS



ADITI BADOLA
AGG. 98.4%



CHHAVI GULATI
AGG. 98%



ANUSHKA JAIN
AGG. 97.6%



KRAMANK GARG
AGG. 97.6%

MEDICAL TOPPERS



AYATI PATHANIA
AGG. 97.2%



SALONI PRIYADARSHINI
AGG. 97.2%



MANAN SINGHAL
AGG. 96.8%



ANSHIT BUDHIRAJA
AGG. 96.2%

- **102/373** STUDENTS SCORED **95%** & ABOVE IN AGGREGATE.
- **231/373** STUDENTS SCORED **90%** & ABOVE IN AGGREGATE.

- **6** STUDENTS SCORED **100 MARKS** IN ECONOMICS.
- **5** STUDENTS SCORED **100 MARKS** IN MATHEMATICS.
- **2** STUDENTS SCORED **100 MARKS** IN BIOLOGY.
- **1** STUDENT SCORED **100 MARKS** IN CHEMISTRY.
- **1** STUDENT SCORED **100 MARKS** IN PHYSICAL EDUCATION.

NUMBER OF STUDENTS SECURING 90% AND ABOVE SUBJECT WISE

| | | | |
|--------------------|-----------|----------------------|---------|
| ENGLISH | : 294/373 | ECONOMICS | : 60/88 |
| MATHS | : 213/307 | ACCOUNTANCY | : 49/86 |
| PHYSICS | : 162/287 | BUSINESS STUDIES | : 66/86 |
| CHEMISTRY | : 168/287 | COMPUTER SCIENCE | : 15/15 |
| PHYSICAL EDUCATION | : 236/342 | INFORMATIC PRACTICES | : 7/7 |
| BIOLOGY | : 49/51 | | |

SUBJECT-WISE HIGHEST MARKS

| | | | |
|--------------------|-------|----------------------|------|
| ECONOMICS | : 100 | BUSINESS STUDIES | : 99 |
| CHEMISTRY | : 100 | ENGLISH | : 99 |
| MATHEMATICS | : 100 | INFORMATIC PRACTICES | : 99 |
| PHYSICAL EDUCATION | : 100 | COMPUTER SCIENCE | : 99 |
| BIOLOGY | : 100 | ACCOUNTANCY | : 98 |
| PHYSICS | : 99 | | |

STELLAR ACCOMPLISHMENT BY MVNITES IN THE CBSE X BOARD EXAM : 2019-20



Modern Vidya Niketan Sr. Sec. School, Sec-17

STUPENDOUS RESULT OF MVNITES IN THE CBSE X BOARD EXAM : 2019-20

HIGHEST MARKS - 494/500 (98.8% Agg.)

TRAIL BLAZERS OF MVN



SPECIAL HIGHLIGHTS

- 48 STUDENTS SCORED 100 MARKS IN MATHEMATICS. • 32% STUDENTS SCORED ABOVE 95%.
- 14 STUDENTS SCORED 100 MARKS IN SANSKRIT. • 71% STUDENTS SCORED ABOVE 90%.

STUDENTS SECURING

- 98% & ABOVE IN AGGREGATE : 5/219
- 97% & ABOVE IN AGGREGATE : 19/219
- 96% & ABOVE IN AGGREGATE : 49/219
- 95% & ABOVE IN AGGREGATE : 71/219
- 90% & ABOVE IN AGGREGATE : 155/219

SUBJECT HIGHLIGHTS

| SUBJECT | TOTAL STRENGTH | HIGHEST MARKS | STUDENTS SECURING 95% AND ABOVE | STUDENTS SECURING 90% AND ABOVE |
|-------------|----------------|---------------|---------------------------------|---------------------------------|
| MATHEMATICS | 219 | 100 | 154 | 184 |
| SST | 219 | 99 | 102 | 149 |
| SCIENCE | 219 | 99 | 50 | 125 |
| ENGLISH | 219 | 99 | 68 | 158 |
| SANSKRIT | 77 | 100 | 45 | 62 |
| HINDI | 102 | 98 | 23 | 49 |
| FRENCH | 40 | 99 | 20 | 29 |

**ALWAYS
BELIEVE THAT
SOMETHING
wonderful
IS ABOUT
TO HAPPEN.**

