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MVN SCHOOL

Sector-88 Greater Faridabad

NEWSLETTER

I TO VIII

OCTOBER TO DECEMBER

2018-19





Introduction

Inching ahead towards the end of the session, you would be really proud parents who have been engaged in teaching-learning process with your children. Think of how often we want our kids to be perfect. Sure, we have to guide them and teach them. We can't let everything slide, let every misdemeanor go by unnoticed and unaddressed. If we did, our kids might never learn right from wrong, might not become the best versions of themselves.

But if we who are adults, who've had decades of experience in life, if we are allowed to make mistakes, to act out at times, to learn and move on, then our kids who are going through all of this for the first time, with much less history and understanding of themselves to draw upon are certainly to be allowed some leeway.

Larned writes: "I am afraid I have visualized you as a man. Yet as I see you now, son...I see that you are still a baby" -
and - "I was measuring you by the yardstick of my own years."

Remember to measure your children by their own yardstick—especially when realizing that we don't always measure up ourselves.

Activities



MATHOMANIA

Nurturing children to be mathematicians, we conducted a Maths Quiz - MATHOMANIA for classes IV and V. The team members participated enthusiastically and answered the questions. The children enjoyed the quiz. This quiz taught the children to be alert, prompt and responsive.

This quiz brought out the best in the children. This enabled the children to master the problem solving skills.





DIWALI CELEBRATIONS

The celebration of Diwali, 'The Festival of Lights' came alive at MVN SCHOOL SECTOR 88 on the 6th of November, 2018 when the whole school wore a festive look with diyas and lanterns adorning the corridors and the classrooms in bright colours. Toddlers celebrated Diwali with devotion, enthusiasm and excitement. They were dressed up in their ethnic attire and relished sweets with their teachers and friends. The rangoli done by students added the perfect setting to the festivity. The students showcased the spirit of Diwali through a mesmerising dance performance.





BEST OUT OF WASTE

Nurturing ecozens who care about Mother Earth, 'Best Out of Waste' activity was organized wherein the children created wonderful artefacts. The children participated and showed their creativity. This activity instilled in children a feeling of concern for the Mother Earth.



CHILDREN'S DAY

An array of activities were conducted at MVN school, Sector 88 to make Children's day memorable for the young MVNites. The magic show enthralled the young spectators. A special assembly was organized where the teachers performed for their loving kids. A workshop was organized by the counsellor. They learnt about Chacha Nehru and also made Nehru caps. Funfilled games added to the zest and enthusiasm of the children. As a sovenier for Children's day a small plant too was given to every child to raise awareness and concern for our Mother Earth.



VISIT TO AKSHARDHAM TEMPLE

The students of grades I-VIII visited the Akshardham Temple in Delhi on 6th October 2018, as a part of their field trip. The temple displays millennia of traditional Hindu and Indian culture, spirituality and architecture. The children thoroughly enjoyed the unique beauty of the place. The peace and serenity of the place was truly an elevating experience for everyone.



TRIP TO AMRITSAR

MVN School, Sector 88 organised an educational trip to the golden city of Amritsar in the month of October, for the students of grade IV-VIII. It was a three days fun filled trip where the students accompanied by their teachers, had a taste of history. The Golden Temple with its stunning architecture and religious significance was a great attraction. The next destination was the Jallianwala Bagh. The children paid their respect to the martyrs. The vibrant and colourful 'Beating the Retreat' ceremony at the Wagah Border was indeed a visual treat.

It was truly an unforgettable experience which apart from being intellectually rewarding, gave the children a glimpse of the country's proud history.



HARYANA DAY

One of the many festivals that keeps the state of Haryana in a festive spirit is the Haryana Day celebration. On 1st November 1966, the state of Haryana was carved out of Punjab. To commemorate the formation of Haryana, the children indulged in Power Point Presentations making activity highlighting the culture and tradition and also the tourist places in Haryana. The students of grade VI created colourful collages highlighting the journey of Haryana from 1966 to 2018.



SHIROBINDU-CONFLUENCE OF VIRTUES

On 1st December 2018, the first ever annual function of MVN School Sec - 88 – Shirobindu was organized. It was a great success where in the children showcased their talent and creativity. The function was appreciated by the audience. It highlighted the theme of striving for success by overcoming vices like greed, gluttony, laziness, anger, pride, envy and ignorance. The theme was very well handled and the audience was enthralled by the synchronized movements of the children.







WORDS OF WORTH

Nurturing children to be good orators and speakers, 'Words Of Worth' activity was organized for the students of classes VI, VII, and VIII. The children presented speeches of famous personalities. They also recited poems by well known poets. This activity mainly aimed to overcome stage fright and develop confidence among the children.



CHRISTMAS TREE AND WREATH DECORATION

Festivity and joyous time is synonymous with Christmas time. Our young MVNites were ready to welcome Santa and the Christmas spirit with zeal and enthusiasm. Christmas tree and wreath decoration activity was done by the children. The corridors were decked with Christmas paraphernalia. The children were dressed up as Santas and spread the lively spirit of gaiety and mirth.



COOKING WITHOUT FIRE

Motivating children to be super chefs, 'Cooking Without Fire' activity was organized for class VI to VIII. The enthusiastic super chefs created wonderful and low calorie recipes which showed the other side of children. The presentation of food was really good.



NEW YEAR CARD MAKING AND POEM WRITING

The New Year marks the new beginning. Our ambient MVNites put up their best foot forward and created New Year cards. They made personalized cards to spread cheer and warmth. Students of class VI wrote poems to welcome New Year. They also penned down their new year resolutions to make their new year different.



CREATIVITY AT ITS BEST

“CREATIVITY IS INVENTING, EXPERIMENTING, GROWING, TAKING RISKS, MAKING MISTAKES AND HAVING FUN.”

There is no limit of a child's imagination. Little kids are the masters of the moment when they're creating something. The kids feel good while they are creating art and it also helps them to boost their self-confidence. Children who are allowed to experiment and make mistakes feel free to invent new ways of thinking. Keeping this in mind different activities were conducted in Grade II & III.

Students made beautiful artefacts using old CDs, core of the foil paper and old newspapers. In this way they not only succeeded in reducing the waste but also were able to brush up their creativity.

MVN always believes that “Children will be better off in the long run if they are allowed just to be in the moment and express themselves.”

Leaf Art involves using leaves in making illustrations and fine artworks. This activity helped the students to bring out their creative side and use the leaves for some fun and art activity. They used their imagination and made beautiful art pieces using the leaves.



LEARNING BY DOING

Learning by doing approach is a valuable asset to classrooms. Being hands-on is especially important in the classroom because it allows students to engage in kinesthetic learning. And most important, it enriches the minds of the students in new and engaging ways. Keeping the same in mind several activities were conducted in Grade 1 to motivate the students in order to showcase their own creativity.

Fitness Fun:

The benefits of yoga and aerobics confer upon health and need to be incorporated in our daily life for spiritual and physical well-being. To make the students understand the same, physical educators of our school effectively demonstrated beneficial exercises to strengthen our mind, body and soul. It was a great learning and an unexampled style of creating awareness about health and fitness which encouraged our students to follow a healthy lifestyle and empower themselves maintain sound health.

Halloween Day:

Halloween Day was celebrated with a fun filled exciting fancy dress parade by the little ones who were dressed as Superheroes, Fairies, Witches, Goblins and other interesting characters. Students of Grade 1 created their own Halloween masks and enjoyed a Halloween party with their peers.



Assemblies



DUSSEHRA

India is known as a land of festivals and 'Dussehra' is one of them which is unique in its perception and significance. Keeping the festive spirit alive, Primary wing Of MVN School Sec-88 celebrated Dussehra on 12th October 2018.

On this occasion the students of grade II Aster presented a special assembly. The students performed dance and dance drama –'Mini Ramayana' in which life story of lord Rama was depicted. Through this they showcased Lord Rama's victory over Ravana and reinforced the message that truth always triumphs over evil.



HAPPY
DUSSEHRA



DIWALI

The excitement and celebratory spirit that Diwali brings is unmatched. Diwali, the festival of lights, was celebrated with great fervour and enthusiasm by the students of grade 1 Camellia. The assembly commenced with a Chaupai. The scenes from the classic story of Ramayana were depicted by the students through a musical play showcasing the birth of Lord Rama to his return to Ayodhya after his exile. A scintillating dance performance on a foot tapping song enthralled the audience.

The performance of the students was highly appreciated by one and all.



CHRISTMAS

The students of class VII B presented the special assembly on Christmas on 24th December'18. The children enthusiastically participated in the programme. An array of colourful events was presented by them. The message of Christmas was given through a skit 'Where there is love there is God'. Students enacted the scenes with confidence and spontaneity. Traditional carols like 'O come all ye faithful, Joy to the world, Dashing through the snow' were sung by our young choir. The programme ended with the arrival of Santa Clause armed with sweets for all. The programme was enjoyed thoroughly and appreciated by all.





Highlights



DENTAL HEALTH CHECK UP

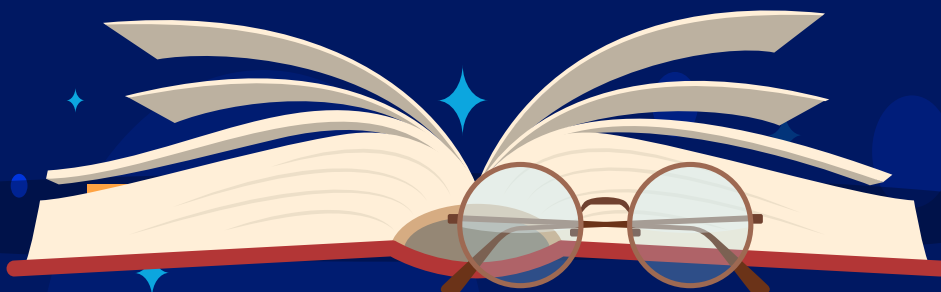


MVN School, Sector-88 had organised an oral Health Check up Camp in school on Thursday (11/10/2018). The students were apprised about the different ways to maintain Oral/Dental hygiene. An interactive session with the students helped them solve their queries about the same. An Oral health guidance cell was put up on the PTM day to provide guidance to parents who turned up with their queries. The parents were happy after their interaction with the doctors.



BOOK FAIR

In our endeavour to motivate children to be better readers, we at MVN SCHOOL ,SEC 88 organised a Book Fair. It was our sincere effort to put the best books directly for our pupils. There were wide ranging books for all age groups and all interests. The parents really appreciated this effort and actively participated in the Book Fair. We shall keep this spark of inculcating reading habits among our pupils ignited.





BOOK READING SESSION



It is said that what reading is to mind, exercise is to the body. So in order to give our children a taste of good reading, a Book Reading Session was organized at MVN SECTOR-88 by Mr. Moshank Relia on Thursday, 4th October 2018 for the students of classes IV to VI. The session was indeed valuable and distinct. Children found it really interesting and were engrossed in the story "THE SHINING TIGER" which was told to them with good facial expressions. The appropriate use of voice modulation and body language aroused passion and enhanced imagination. It was an interactive session where the children were taught the right way of narrating a story. Book Reading Sessions target to inculcate the good habit of reading books. In today's world, children are being deprived the magic of reading books. In order to enhance the reading and listening skills of the students, such a session was organized which actually did its bit in the right direction. Mr. Moshank Relia is the writer of "The Shining Tiger", "Adventures in Farland" and "Horse Town". The book "The Shining Tiger" is presently among the top 20 new releases visible at Amazon store.

Alone we can do so little, together we can do so much. "In a bid to create awareness about the right way to celebrate Diwali, we at MVN School Sec – 88 organized an awareness campaign '**DEEPOSAV-GREEN DIWALI RALLY**'. The children raised their voice to educate people about the need to save ourselves from the monster of pollution. A street play was staged which was like an icing on the cake. The children distributed diyas, badges and pamphlets to the people to spread the message of happiness and joy. Have a Happy, Safe, Green Diwali

DIWALI RALLY



We, the students of MVN, SEC- 88
Have an idea to celebrate Diwali which is really great.
Let these lights of DIWALI burneth bright,
To lighten lives, we take a pledge with all our might.

GREEN DIWALI, CLEAN DIWALI,
This is what we ask,
Let not the monster of pollution rise
For a healthy life, only this will suffice.

Keep away from crackers, this is what we urge
Let your elders and loved ones be at ease
Or else with this deafening sound,
They are sure to freeze.

Your speechless friends too need a thought,
All over with banging sounds,
where do they go and trot?
Now is the time to rise and stand,
For your environment,
you need to lend a helping hand.

DIWALI is our splendid chance
to share our joy and merriment all the way,
For those who are denied of laughter and smiles for days.

Let's pledge to support the good,
And do the best we can,
And share love and delight with all
On this festival of lights.

Happy Have A Safe, clean And Green Diwali **Diwali**



Use your voice for kindness,
Your ears for compassion.
Your hands for charity,
Your minds for truth and
Your heart for love.

KHAMBI VISIT

It is said values learnt at a tender age are best imbibed. So, keeping this in mind we took children of classes VI to VIII of MVN School, Sector-88, to MVN School, Khambi, which is a charitable venture of MVN. The children performed and shared their things and gifts with the children at Khambi. This was indeed a learning experience for the children which motivated them to develop an attitude for sharing and caring.



PHYSICS WORKSHOP

On 26 December 2018, Dr. Ratna sen of Physics department at MVN University conducted a seminar at MVN School, Sector -88 to explain the children the concept of 'Gravitation' and the factors affecting gravitation. The presentation and video supplemented the topic and made the session really interesting. The session was really fruitful and their queries were aptly answered. This helped them to understand each concept well. The difficult concept of gravitation was made easy with the right approach. At the end of the session, the children were much confident about the concept taught.



COMPUTER SCIENCE WORKSHOP

The Internet is a huge part of everyone's lives today, including children. A child full of curiosity, but limited in maturity and awareness, can easily fall victim to the dangers of the cyber world. Keeping this in mind a seminar on Cyber Awareness was organized on 27th December 2018 for students of class VIII at MVN School Sector 88 where Ms Babita Yadav of Computer Science Department at MVN University enriched the students how to stay secure while dealing in cyberspace.

She informed the students about the different modes of cyber crimes, virus attacks, social networking security, password protection, financial frauds. She provided some vital tips to students to maintain security of WhatsApp, Instagram, Gmail and Facebook. It was an enriching and interactive session.



CHEMISTRY WORKSHOP

On 28 December, Mr. Mohit Sanduja of chemistry department at MVN University apprised the students through an interactive seminar on various topics like – Changes around us, Reactions and their effects, Acid, Bases and Salts. The methodology and approach used for giving the concept was very good. The concepts were given in an easy way. This helped the students to grasp the concept in a better way. The children enjoyed the session and learnt novel ways of learning.



PRERNA DIWAS

On 19 December 2018, the MVNites paid floral tribute to Shri Gopal Sharma, the founder of MVN institutions. Shri Gopal Sharma was a visionary, educationalist, philanthropist and academician par excellence. A person of strong ideals, resolute by temperament believed that nothing is impossible. He transformed many lives.

A special assembly was organized to pay tribute to the departed soul. The students, staff and management pledged to follow his footsteps and accomplish the dream and reach the zenith of success.



ACHIEVEMENTS



Rishabh Singhal bagged the silver medal in the District Level Taekwondo Championship

Mahima Singhal bagged the gold medal in District Level Taekwondo Championship and the bronze at the state level.



Vedant Garg of Grade VIII bagged the first position in the District Inter School Chess Tournament Competition held at Nehru Collage, Sec.16 A Faridabad in the U-13 category .

Bhagya Kaushik of class VB won second prize at district level children welfare dance competition held at Bal Bhavan on the occasion of Children's Day.

Ira of class KG won second prize in Dance competition held at Apeejay Svrn Global School.



From the Principal's Desk...

BEATING THE EXAM BLUES



Stress during or just before examinations is a reality that most students face. Parents also get anxious about marks and performance, and are likely to transfer their anxiety to their children. The pressure to perform well and sometimes, the constant push from parents may make children panicky and stressful as the test draws near.

A parent should act as a facilitator for the child during exams. Remember, the child is already feeling anxious and stressed about their performance in exams. At this juncture, as a parent, you could:

Help them identify their strengths, interests, and reinforcing their self-esteem and self-confidence is the most important and sensible way of nurturing your child. This should be reflected in your everyday conversations with your child. See that your day to day conversations do not indicate that you respect only success, show the attitude of taking both success and failure even-handedly and also that both are equally important. Ask yourself, what is the content of your talk with your child most of the time? Is that making your child feel happy and confident? If not, you need to change the content of your talk such that your child grows as a healthy and happy individual.

Your child is his own person : A well-known person who was studying to be a doctor went to his mother with an invitation and a scholarship to study music. She said, "Show me your MBBS degree and then you can do what you want." This person went on to complete his medicine, never worked as a doctor and became a world famous musician in his genre. His name is Dr L Subramaniam. Parents, while all our children may not become the world's best in some field or the other, they have the right to make choices and work in the sphere they want to. Today's world is indeed a global village and no longer does the good, better and best exist in the choice of professions. Multitudes of youngsters study in one field and take up careers in a totally different one. Please keep an open mind.

And lastly, water finds its own level. A check dam can marginally improve performance, not drastically. No amount of tuitions can increase a child's performance from 60% to 99%. As a long term strategy for your child's well-being, help him to be organised from the beginning of the school year, observe and identify areas where his aptitude and inclination lie and let him develop those skills. Your child is his own person.

HAPPY PARENTING TO ALL

CONCLUSION

LET US REDEFINE 'WINNING'

There are times that your child might misbehave or give you a bit of attitude, but you're able to keep your cool and respond calmly in the way that you really want. But then, as the attitude keeps coming, you're on your last nerve and just done with it. Your voice is raised. Tempers flare and maybe tears fall—but your child gives in. You've won.

But have you?

If your temper flares or you make idle threats to end an issue, then yes, you end that problem in that moment. But more importantly, your child walks away with a lesson you didn't want to teach—that getting angry is the way to solve problems.

This isn't to say that you've got to keep your cool every moment of every day with your kids—that'd be inhuman. It is easy to treat each little infraction, each interaction, as a one-off battle for us to win...without looking at the overall mission of raising our kids. When that big-picture, overall journey of teaching your kids to be good people—when we can keep that in mind, then we naturally gravitate towards patience, resilience, and love.

THINK OF WHO YOUR ACTIONS ARE FOR

When your child doesn't live up to your expectations and you end up chastising them, think of why you're doing so.

Is it for their own good or for yours?

This whole parenting thing isn't easy. We all know that. Not only do we need to figure out our own life and encounter our own practical and emotional challenges each and every day...we've also got to raise humans. Sometimes we just want some peace and quiet and for things to go smoothly.

But remember that every interaction with your child is potentially providing a lifelong lesson—and the thing is, you have no idea which interaction is going to have the most impact.

So when you feel strong emotions swelling up inside you, it's helpful to step back and ask yourself: "Is this for me or for them?" If you realize you're responding for your own benefit, then try to find another way—a better way—you can help yourself. Walk away. Meditate. Figure out and practice something that you can do in a stressful moment to help you feel better so that your kids don't have to feel the brunt of it.

Your children are your treasure, treat them with care. Children are fragile and need to be handled with utmost care.

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